



Irish Amateur Wrestling Association.

Email: irishwrestling@outlook.ie

Website - www.irishwrestling.ie

Covid update

03/09/2021

Dear IAWA Stakeholder

The Government recently announced Ireland's plan for the next and final phase of the response to the COVID-19 pandemic.

All relevant information can be accessed here: gov.ie - [Reframing the challenge, continuing our recovery and reconnecting \(www.gov.ie\)](http://gov.ie)

Please find below the key highlights and timelines for Sport, Exercise and Physical Activity.

Any additional information requested by the sector will be released in advance of each of the upcoming timelines.

We would like to take this opportunity to acknowledge the significant work and commitment of Wrestling Clubs , Coaches and Wrestlers throughout the Pandemic.

 **KNOW**
YOUR ROLE

 **SHOW**
RESPECT

 **GO**
TRAIN WELL

ALWAYS:

 STAY AT HOME
IF FEELING SICK

 OBSERVE HAND HYGIENE
& COUGHING ETIQUETTE

 KEEP SOCIAL
DISTANCING



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Key Dates

September 6th 2021

Spectator Capacities

	Patrons with proof of immunity (vaccinated or recovered)	Mixed Patrons (with and without proof of immunity)
INDOOR	Up to 60% capacity with appropriate protective measures	N/A
OUTDOOR	Up to 75% capacity with appropriate protective measures	Up to 50% (subject to appropriate protective measures including social distancing between groups, face masks etc.)

- For indoor sporting events spectators should be fully seated.
- Organisers should demonstrate full understanding of and adherence to best practice protective measures which should continue to apply, within these capacity limits and have COVID plans for events

September 20th 2021

From September 20th the following apply to competitive sports training, competition and events.

- Capacity limits refer to the number of participants.
- Spectator attendance remain in line with the capacities outlined above.

	Patrons with proof of immunity (vaccinated or recovered)	Mixed Patrons (with and without proof of immunity)
INDOOR	Up to 100 (with appropriate protective measures)	Pods of up to 6 participants will be permitted (this excludes adult coaches/instructors etc.). Multiple pods will be permissible and should take into account the overall size of the venue. Substantial social distancing between individual pods should be implemented.
OUTDOOR	Removal of measures such as Pods of 15 in outdoor training etc.	

October 22nd 2021

Based on the criteria of at or close to 90% of people 16 or over being fully vaccinated in the coming weeks, and having regard to the incidence and behaviour of the disease at that time, the Government plan to remove further statutory restrictions in respect of events and activities from 22nd of October.



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Organised indoor group activities (exercise, sports, arts, culture, dance classes) can take place with capacity limits of 100 people (with appropriate protective measures) where all patrons are immune (fully vaccinated or recovered from COVID-19 within the previous 6 months), or accompanied minors (under 18).

Where participants have mixed immunity status, pods of up to 6 participants will be permitted (excluding adult leaders/teachers).

Multiple pods will be permissible, subject to protective measures.

The number of pods will have regard to the size of the venue and substantial social distance between individual pods, or 2m distancing between individual participants in classes, well-ventilated spaces etc.

Some useful links to information to get your club back training and wrestling safely

<https://www.irishwrestling.ie/downloads/view/14-ReturnToWrestling-Club-Operating-Procedures>

<https://www.irishwrestling.ie/downloads/view/10-IAWA-ReturnToWrestling-Stage-SafetyPlanning>

<https://www.irishwrestling.ie/downloads/view/hand-hygiene-poster-english>

<https://www.irishwrestling.ie/downloads/view/personal-responsibility-infographic>

<https://www.irishwrestling.ie/downloads/view/stay-safe-protect>

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