



Irish Amateur Wrestling Association.

Website - www.irishwrestling.ie

CORONA VIRUS GENERAL INFORMATION

Coronavirus disease (COVID-19) is an infectious disease caused by Severe Acute Respiratory Syndrome Coronavirus2 (SARS-CoV-2). Most people (8/10) infected with the COVID-19 virus will experience mild to moderate respiratory illness and recover without requiring special treatment. Older people, and those with underlying medical problems like cardiovascular disease, diabetes, chronic respiratory disease, and cancer are more likely to develop serious illness.

Symptoms include (but are not limited to):

- Cough
 - Breathing Difficulty
 - Fever/High Temperature
 - Sore Throat
 - Runny Nose
 - Flu like symptoms
 - Rash
 - Loss of smell/taste
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- Symptoms and how COVID-19 is spread The following symptoms may develop in the 14 days after exposure to someone who has COVID-19 infection: • Cough, • Difficulty in breathing, • Fever (38.0° C [100.4° F])
 - Generally, these infections can cause more severe symptoms in people with weakened immune systems, older people, and those with long-term conditions like diabetes, cancer and chronic lung disease.
 - COVID-19 is most likely to happen when there is close contact with an infected person. It is likely that the risk increases the longer someone has close contact with an infected person. Respiratory secretions produced when an infected person coughs or sneezes containing the virus are most likely to be the main means of transmission.
 - There are 2 main routes by which people can spread COVID-19:
 - Infection can be spread to people who are nearby (within 2 metres) or possibly could be inhaled into the lungs.
 - It is also possible that someone may become infected by touching a surface, object or the hand of an infected person that has been contaminated with respiratory secretions and then touching their own mouth, nose, or eyes