

Web: www.irishwrestling.ie Email – irishwrestling@outlook.ie

### The Bull Run/Walk - Annual St. Stephen's Day Event

Join us for a family-friendly fundraising event on 26th December at Bull Island, Dollymount, Dublin (Eircode: D03 NR22). Hosted by the Irish Amateur Wrestling Association (IAWA) and Dollymount Sea Scouts, the Bull Run/Walk is a perfect way to work off the festive indulgence, enjoy the outdoors, and support a great cause.

This event is suitable for all ages and fitness levels—whether you're a walker, a novice runner, or a seasoned competitor. Bring the family, including your furry friends, for an unforgettable post-Christmas experience.

#### Why Participate?

- Enjoy a fun-filled community event—rain or shine!
- Meet friendly faces and create lasting memories.
- Support initiatives to develop Olympic Style Wrestling in Ireland.

Click her for **Registration Link** 

**Event Details** 

Location: 5th Port Dollymount Sea Scout Den, Bull Island, Dollymount, Dublin

(Eircode: D03 NR22)

Check-in from 10:00am – 10:45am

#### **Start Times:**

Walkers: 10:45am (4km course)Runners: 11:00am (7.5km course)

#### Route:

- Walkers enjoy a 4km scenic course.
- Runners tackle the 7.5km route along Dollymount Beach, with stunning coastal views.



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#### Prize Giving & Draw:

- Starts at 12:30pm at the Scout Den.
- Medals awarded for 1st, 2nd, and 3rd place across the Running categories:
  - > Senior Male, Female
  - ➤ Juniors (Under 15, 16–17)
  - > Seniors (18–45, 46+)
- All participants are automatically entered into the Super Spot Prize Draw after the official prizegiving!

Event Ends: 1:30pm

#### Registration & Fees

- Individual: €15
- Family Rate: €30 (for four people 2 adults & 2 children under 18 from the same family)
- Can't make it? Donations welcome!

Click her for **Registration Link** or scan the QR Code.



#### Directions

- Head towards Dollymount Beach via the wooden bridge in Clontarf.
- After crossing, look for the white building with green gates on the left. This is the Scout Den.
- Pass the Bull Cottages and take the immediate left into the car park.

For more information about IAWA and our mission, visit www.irishwrestling.ie.

Contact us: irishwrestling@outlook.ie

See you on the day! Let's make this St. Stephen's Day memorable while supporting a great cause.

Organised by the Irish Amateur Wrestling Association & Dollymount Sea Scouts.



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# **Map of Course**



See below for waiver



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#### **Waiver**

#### **Event Waiver and Release of Liability**

By registering for and participating in the **Irish Amateur Wrestling Association (IAWA) Bull Run/Walk Sponsor Event**, I hereby acknowledge and agree to the following terms and conditions:

#### 1. Assumption of Risk:

I understand that I enter this event entirely at my own risk. I acknowledge that participation in the event may involve risks, including but not limited to, personal injury (including fatal injury), property damage, and other potential hazards.

#### 2. Release of Liability:

I release the **Irish Amateur Wrestling Association (IAWA)**, its partners, employees, agents, officers, governors, sponsors, volunteers, representatives, successors, and assigns from any and all liability arising from any loss, damage, or injury (including fatal injury) suffered by me before, during, or after the event.

#### 3. Waiver of Claims:

I waive all rights and claims for damages or compensation against IAWA, its employees, and affiliates for any loss or injury (including fatal injury) arising before, during, or after the event. This waiver is binding on my estate and heirs.

#### 4. Voluntary Participation:

I confirm that I am entering this event of my own free will and have chosen the distance based on my personal athletic capability. My decision to participate has not been influenced by others.

#### 5. Physical Fitness:

I acknowledge that it is my responsibility to assess whether I am physically fit and sufficiently prepared to safely complete the event. I attest that I am free from injury, physically fit, and have adequately trained for the chosen distance.

#### 6. Traffic Awareness:

I understand the event may include crossing roads with vehicular traffic where no stewards will be present. I will exercise caution and cross roads with the utmost care and attention.

#### 7. **COVID-19 Declaration:**

- I confirm that I have not tested positive for COVID-19 in the last two weeks and have not been in close contact with anyone who has tested positive in the same period.
- If I test positive or come into close contact with a COVID-19 positive individual before the event, I will not participate.

#### 8. Non-Refundable Entry Fee:

- o I accept that the entry fee is **non-refundable** under any circumstances.
- I will not sell or transfer my entry to another person if I cannot participate.



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#### 9. Event Modifications or Cancellation:

- o I understand that the event may be postponed, altered, shortened, lengthened, or canceled due to unforeseen circumstances.
- IAWA has no obligation to reimburse any costs I may incur, including but not limited to travel, lodging, or meals.
- o I accept that no exceptions will be made to this policy and agree not to request one.

#### 10. Media Release:

I grant IAWA and its service providers full permission to use photographs, films, or recordings of the event for legitimate purposes without requiring further approval or compensation. I waive any rights I may have to my image or likeness while participating in the event or being present in the start/finish areas.

By completing the registration, I confirm that I have read, understood, and accepted the above terms.

Signature:	Date:
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